



Clinic with a
HEART[®]

The Pulse Newsletter

July 2012



WHIRLWIND OF BLESSINGS

What a lovely place to be -- in a whirlwind of blessings. In this edition of the Pulse you'll hear more about these blessings.

We've been one year now in our permanent clinic space and it has been a beautiful year!

Between July of 2011 and June of 2012:

- ♥ 3,428 visits have been provided to 3,005 patients (33% more visits than the prior twelve months).
- ♥ In keeping with our goal to help patients find a permanent medical home, 78% of the patients who came to us are coming for the first time. During discharge we help them figure out what to do next. It often takes several months to find a medical home. 13% of our patients were back for a second visit.
- ♥ 366 patients needed an interpreter while they were at the clinics. Their needs were met through the assistance of volunteers, the use of telephone language lines, or the help of an interpreter brought by the patient.
- ♥ 88% of our patients did not have any kind of insurance.
- ♥ 41% of our patients said that, were it not for Clinic with a Heart, they would have had to seek care in the emergency room. A conservative estimate is that this represents a savings in uncompensated emergency room visits of \$1,196,000.
- ♥ 12% of our patients were homeless.
- ♥ 71% of our patients were from households with incomes of less than \$16,000.
- ♥ 67% of our patients were able to get to the clinic by car. The others got rides with friends/family, took the bus, walked or bicycled here.
- ♥ 39% of our patients were employed.

- ♥ 20% of our patients came from the 68502 zip code (the zip code of the clinic).
- ♥ All the care provided happens because of volunteers. This last year, 612 volunteers donated 10,387 hours of service!

I am honored to be a part of Clinic with a Heart. Every day I get to see the best people have to offer. Our volunteers didn't miss a beat as the level of service increased. Amazing.

WELCOME SOUTH STREET TEMPLE

We have a new mission team partner! The South Street Temple is joining the team from Saint Paul United Methodist Church to serve on the 4th Thursday of each month. Welcome to our new team members.

OMALiNK SERVES CLINIC WITH A HEART PATIENTS

What an exciting day it was when we got a call from Alisha Stokes, the President of OMALiNK and she said they wanted to help us in service! For many of our patients, transportation is a barrier to accessing healthcare. Clinics are held in the evenings and, while public transportation is available at the start of clinic, buses stop running while the clinic is active. Twice a month, on the first and fourth Tuesday, OMALiNK will provide Lincoln patients with free rides home.

OMALiNK has been providing safe, convenient and reliable ground transportation to Nebraska and surrounding states for the past 10 years. OMALiNK took its 50,000th reservation.

Alisha says "The OMALiNK team has been serving Lincoln and Omaha citizens for the past 10 years. We are honored to partner with Clinic

With A Heart in providing transportation for the much needed medical clinics in the Lincoln community. The OMALiNK culture is based in service, therefore this partnership is a natural fit, one that we are very excited about.”

A big thanks to OMALiNK!

GIVE TO LINCOLN DAY

This year the Lincoln Community Foundation (LCF) hosted an event in Lincoln called “Give to Lincoln Day” on May 17. Nonprofits were given the opportunity to register to participate. On the giving day, donors could make online and in person donations. Participating nonprofits were all in a friendly competition for a \$200,000 pool of matched funds from LCF. The results of that day are a testament to the generosity of our community. 5,488 donors participated in the event. \$1,330,527 was donated to participating nonprofits. \$21,989 was donated to Clinic with a Heart from that day’s activity! This included \$11,355 from online donations, \$7,305 donated in person and \$3,329 from the LCF shared pool. Thank you to everyone who supported Clinic with a Heart!

LINCOLN MR. GOODCENTS RECOGNIZES VOLUNTEERS

A big thanks to Lincoln Mr. Goodcents for donating a tray of forty sandwiches once per month for the next year to volunteers at Clinic with a Heart. We love delicious donations! We had our first tray already. The big lesson learned is that there is no hope for leftovers!

GIRL SCOUTS COOKIES

The Girl Scouts Spirit of Nebraska recently brought us several wonderful boxes of Girl Scout Cookies they still had after the latest cookie drive. These, too, are being shared with volunteers during clinic. This might just be what heaven is like.

MR. & MRS. FOUNDER!

We want to express big congratulations to Clinic with a Heart Founder and President Emeritus, Dr. Rob Rhodes on his marriage to Lora Eldred. Dr. Rhodes has worked hard to make the dream of a free clinic come true. We’re so happy to see his next dream come true!

GET YOUR FIT ON!

We are planning a new fundraising event called “Get Your Fit On.” The event takes place on Saturday, October 13 at Holmes Lake. We will have a fun run/walk, demonstrations of different kinds of fitness activities, information booths and lots of other fun activities. If your business would like to have an information booth, become a t-shirt sponsor or provide demonstrations, please contact Teresa Harms at Teresa@clinicwithaheart.org

MARK YOUR CALENDARS

- **Tuesday, August 7** -- Dino’s Eastside Grille (2901 South 84th Street) is having a fundraiser for Clinic with a Heart from 5pm to 11pm. Clinic with a Heart will receive 10% of the total bill of individuals or groups who identify themselves as friends of Clinic with a Heart. Have a yummy meal and tell them “Clinic with a Heart sent me!” Thanks!
- **Monday, August 27** -- Clinic with a Heart golf tournament at Firethorn. For more information contact Jan Meints (jan@clinicwithaheart.org)
- **Saturday, October 13** -- “Get Your Fit On” fundraiser and wellness events. For more information contact Teresa Harms (teresa@clinicwithaheart.org)

A good head and a good heart are always a formidable combination. -- [Nelson Mandela](#)

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