



# The Pulse Newsletter

June 2011



## Fun in the Sun!

It certainly won't be a relaxing summer at Clinic with a Heart but it will be fun and filled with many blessings. Our ministry continues to grow in service to the community through collaboration with individuals and organizations. Here is what we're up to this summer:

- ♥ Our offices and clinics will all be housed in one permanent location. We'll move to 1701 S. 17<sup>th</sup> Street in a building owned by the Sower's Club. It will be easier for patients to find us and the space will allow us to have dedicated treatment areas, which will create better working conditions for our volunteers.
- ♥ Saint Elizabeth Regional Medical Center will be joining us as a clinic sponsor in July. They will help us with a specialty clinic once a month. The specialty clinic will be a referral clinic for patients who are uninsured and who need to see a specialist. We will be accepting appointments from our own providers and other safety-net providers. Volunteer medical providers have signed up to provide Allergy/Asthma, Rheumatology and Orthopedic care. This clinic will be offered the fourth Monday of each month.
- ♥ We will be welcoming a new "fifth week" team. Right now we offer clinics the first four Tuesdays and the first four Thursdays of each month. The University Of Nebraska Medical Center College Of Nursing will be joining us to provide clinics any time a month has a fifth Tuesday or Thursday. In 2012 there are nine "fifth weeks."

All of this comes together to help us build community with our patients, our mission teams, donors and neighborhood. This is all so exciting; there is much to be thankful for! -- *Teresa Harms, Executive Director*

## Website Update

The Clinic with a Heart website has been updated, thanks to a generous donation of time and talent by Thought District. The new design had several key goals in mind – to be easier for patients and referral sources to understand our service, to be able to accept donations online and to connect our friends to Social Media. Check us out at [www.clinicwithaheart.org](http://www.clinicwithaheart.org).



## More on the Move

Probably most people don't like to move -- but moving can certainly bring out a generous spirit. Here are a few examples of that generous spirit. There is the group that met at the Center for People in Need one morning to clean out all our storage supplies to make sure we don't move anything we won't use. Or the crew that on another Saturday morning moved our administrative offices to the new

location. Up and down many stairs. One of them, Scott Andrews, thought our computer monitors were so bad he bought us new ones.

There is Shane Ludwig from Nebraska Medical Technology Solutions who set up our network in the new office for free. And, Tom Kuchta from All Makes Office who did everything he could and then some to make sure we got the best deal possible on furniture for our patient waiting area. Then the Hon Office Furniture delivery men who brought the furniture polished it and then "adopted" us. Being adopted means they brought us another desk a few days later for free. They told us they would keep on the look out for these kinds of treasures for us. Lance and Nathen from Chet's Transfer went to three locations to pick up the heavy exam tables and furniture we needed -- and did it quickly and with a smile the entire time. And artist Chris Willey who is hanging twenty pieces of her art at our office (they are for sale with a portion of the sales going to Clinic with a Heart). The list is far greater but the bottom line is we owe many thanks to our friends for making this all possible.

We're not done yet though. We are still looking for volunteers to help us move our supplies from the Center for People in Need and the "F" Street community center. If you can help give us a call (402) 421-2924 or send me an email ([teresa@clinicwithaheart.org](mailto:teresa@clinicwithaheart.org)). Here are some of the details:

- ♥ Thursday, 6/23/11 -- this will be our last clinic at the "F" Street Community Center, 1225 "F" Street. We'll start moving our supplies into trucks at 6:30 p.m. This will be a quick move as we do not keep many supplies at this location.
- ♥ Thursday, 6/30/11 -- we'll move our supplies from the Center for People in Need, 3901 N. 27th. We will have had our last clinic at this location earlier in the week. Here we will need to do some packing. This is a bigger move and we will have a small u-haul. The move begins at 4:00 p.m. We'll have people at our new clinic space helping to unpack and organize supplies. So we are looking for movers and organizers.

We also have a wish list of items we would like to purchase for the clinic. If you are interested in supporting us with a donation towards the wish list visit [http://www.clinicwithaheart.org/get\\_involved/donate](http://www.clinicwithaheart.org/get_involved/donate).



*Dr. Rob Rhodes, Holly Ostergard, Dr. Chris Caudill*

### **Prescription Filled!**

Our annual RX for Hope, was held Friday, April 15<sup>th</sup> at the Country Club of Lincoln with 250 in attendance. This was our biggest event yet. Holly Ostergard was our Honorary Chair, Dr. Rob Rhodes, Founder and President Emeritus was our emcee. Jim Keck, Senior Minister at First-Plymouth started off the program with an inspirational message and prayer. Board President Dr. Chris Caudill announced our new space and team and Teresa Harms gave a message & 2010 statistics.

Each year a highlight of our event is handing out Community Partner Awards. This year's recipients were:

- ♥ BryanLGH College of Health Sciences
- ♥ Creighton University School of Pharmacy and Health Professions
- ♥ Lincoln Star City LIONS Club
- ♥ Lincoln Bethany LIONS Club
- ♥ Nebraska Wesleyan Nursing Program.

Our talented and effective auction committee was co-chaired by Chris Gillespie and Suzanne Geist. Tom Bassett, our auctioneer did a wonderful job for us! Donna Roehrs made yummy cupcakes and Kim Roberts and Field's Floral donated flowers & decorations. Rx for Hope raised \$44,500! A number of you were there, or donated time or money or auction items or helped with the program or bought a table and brought friends or bought auction items and/or helped in some other way...and, it appeared everyone had a good time! Thanks everyone! -- *Jan Meints, Director of Development*

### **Upcoming Events!**

- ♥ We learn something everyday. Do you know what a Parrot Head is? Well this is a fan Jimmy Buffet and Lincoln's chapter is called the Corn Republic. This group has a good time and likes to "party with a purpose." Join us at the ballpark for a fun-raiser organized by the Parrot Heads. We'll see the Lincoln Saltdogs vs. the Shreveport-Bossier. Tickets cost \$16 with a portion of ticket sales going to Clinic with a Heart. You can purchase a ticket from a Parrot Head or call our office at 402-421-2924.

**Date/Time:** Saturday, June 11 · 7:00pm - 10:00pm

**Place:** Location Haymarket Park

- ♥ The Parrot Heads have even more in store. The 3rd Annual Sluggeritaville event to benefit Clinic with a Heart starts at 2:00 p.m., August 6, 2011 at the parking facilities of beautiful Haymarket Park, 403 Line Drive Circle, Lincoln, Nebraska (signs will lead you to our tailgate area). Advance registration is \$20 per person and \$25 the day of the event. This registration fee includes a ticket to the Lincoln Saltdog - Grand Prairie Air Hogs baseball game & the Cedar Island Band performances before and after the game as well as food and drink at the Corn Republic Parrot Head Tailgate Party. All participants are asked to bring their own chair or blanket. Email us if you would like a registration form ([jan@clinicwithaheart.org](mailto:jan@clinicwithaheart.org))
- ♥ **CWAH Golf Tournament!** Clinic with a Heart Board Member, Dale Roehrs is the chair of our third annual Golf Tournament scheduled for Monday, August 29<sup>th</sup> at Firethorn. The cost for a foursome is \$500. Please let us know if you would like to golf or volunteer. Invitations will be in the mail shortly. This is always a good time, we hope to see you there!

-- *Jan Meints, Director of Development*

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